

DECEMBER 15, 2023

# THE FRIDAY FLYER

Weekly Newsletter of Freeman High School



509-291-3721

Hello Scottie Parents/Guardians/Families!

Welcome to winter! At Freeman HS, Trap, Knowledge Bowl and winter athletics are all off to a successful start. Students are involved in finding Pippen, a small Scottie dog, who is found in different places throughout the school (similar to Elf on the Shelf), participating in an NHS Gingerbread House building competition, and decorating classroom doors to spread holiday cheer. The ASB is also sponsoring a “No-Tardy December” competition between first period classes that has everyone scrambling to get to class on time. Moving into January, students will undoubtedly focus their attention on our annual Golden Garment Spirit games against Lakeside, and FHS will start a new 8th to 9th grade transition program entitled Dawg for a Day. This program aims to enhance confidence in the 8th to 9th grade transition, showcase the distinctions between middle and high school, and create mentoring opportunities. Paired with FHS sophomores or juniors selected for their leadership skills, 8th graders spend a Friday attending 2nd, Advisory, 3rd and 4th period classes, with a brief orientation and Q&A session for a seamless experience before returning to middle school for lunch. Another new element of FHS to mention is our new CTE webpage! The webpage is found on the District Website under the District Departments tab - or just follow the link [here](#). The page highlights our students’ CTE classes, experiences and competitions. It also features a CTE student spotlight and links to the middle and elementary CTE and STEM experiences - please check it out! In closing, I wish everyone a happy and healthy holiday season.

Jeff Smith, Principal

The Freeman School District complies with all federal and state rules and regulations and does not discriminate on the basis of age, sex, marital status, race, color, creed, national origin, disability or the use of a trained guide dog or service animal by a person with a disability, sexual orientation, including gender expression or identity, veteran or military status, and provides equal access to the Boy Scouts of America and other designated youth groups. Inquiries regarding compliance and/or grievance procedures may be directed to the school district's Title IX officer and/or Section 504/ADA coordinator: Randy Russell, Ph.D., Superintendent, 15001 S. Jackson Road, Rockford, WA 99030, 509-291-3695.

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## Band Alumni Night! 1/6/24

If you ever played an instrument while at Freeman please consider joining the Freeman Pep Band on Saturday January 6th. FAB (Freeman Arts Boosters) will pay your entry to the game and if you email Mr. Jydstrup ([jjydstrup@freemansd.org](mailto:jjydstrup@freemansd.org)) you will have your sheet music and practice recordings sent to you to prepare. If you need an instrument, no worries, just let Mr. Jydstrup know in the email and he will find you one. You will need to be in the high school band room at 3pm and we will be playing for both games and will be done around 7:30-8pm. We hope to see you there and thank you again for your continued support!



## UPCOMING events

**DEC 16TH - JAN 1ST**  
NO SCHOOL - Winter Break

**JANUARY 12TH**  
NO SCHOOL - Teacher P.D.

**JANUARY 15TH**  
NO SCHOOL - MLK Jr. Day

**JANUARY 16TH**  
Financial Aid Night

**JANUARY 26TH**  
End of 1st Semester

**FEBRUARY 6TH**  
Running Start Info Night 6pm

**FEBRUARY 7TH**  
LATE START FOR STUDENTS  
10:15am

A listing of High School events can be found under the High School website at the "[Calendar](#)" tab.





# CTE



## Freeman School District CTE STUDENT SPOTLIGHT

### Nick McLaughlin



Nick McLaughlin, a senior at Freeman High School, demonstrates a passion for construction and agriculture cultivated from his earliest days spent learning woodworking and appreciation of nature with his grandfather. He's taken these skills to the next level, showcasing his skills by securing first place in the SkillsUSA Orientation in Construction competition this fall.

Nick holds leadership roles in SkillsUSA and FFA. Through his involvement in the Eastern Washington Delta Waterfowl Association and wildlife habitat construction, Nick demonstrates a dedication to using his skills to improve the natural habitat for ducks and other waterfowl. His involvement in various projects, such as building new fair booths, building sheds for the softball and baseball fields, and periodic assistance to the district maintenance department speaks volumes about his versatility and eagerness to contribute to his community.

Nick's advice to younger students: "Try new things, even if they seem scary. You never know how it'll turn out." Nick is interested in attending Eastern Oregon University in the fall, focusing on Agricultural Sciences.

### IMPORTANT COLLEGE & CAREER READINESS DATES:

- December 31: FAFSA opens for Fall 2024
- January 10: Washington State Opportunity Scholarship opens
- Financial Aid Info Night 6pm at FHS
- January 24: Health Sciences Career Fair @ The HUB 12:00 - 1:30pm (sign up in advisory)



## Upcoming Sports



**12/15** - @ Colville BJV-4pm, GJV-5:30pm, BV-5:45pm, BC-7pm, GV-7:15pm

**12/18** - vs. Liberty GJV-1:30pm, BJV-2:30pm, GV-4pm, BV-5:30pm

**12/27** - Greg Larson Tournament BJV-12pm, GJV-1:30pm, GV-3:30pm, BV-5pm

**12/28** - Greg Larson Tournament BJV-12pm, GJV-1:30pm, GV-3:30pm, BV-5pm



**12/15&16** - @ North Idaho College

**12/19** - vs. Medical Lake 6pm

**12/21** - @ Central Valley HS 9:30am

**12/30** - Winter Classic @ Home 9:30am

## Important Sports Links:



**Pay Fines/Fees** 



## FREEMAN SCOTTIES

SHOP FREEMAN SCOTTIES GEAR NOW!



Now you can order Scottie gear anytime you want. No minimum orders. Direct shipping to your home in 5-7 days!

If you are looking for Freeman gear, we now have an online storefront that is open 24/7. Each item has the option of several different designs and colors.

Follow this [link](#) to start shopping. Go Scotties!







## Daily Happenings & General Information

We understand that communication is key. Our primary form of communicating with you as parents/guardians is through this Friday Flyer each week. Here is some basic FHS details...

### BELL SCHEDULES

Regular Schedule		
0	7:00 - 7:50	50 min
1	8:15 - 9:05	50 min
2	9:10 - 10:00	50 min
SCOTTIE BREAK	10:00 - 10:10	10 min
ADVISORY	10:13 - 10:35	22 min
3	10:40 - 11:30	50 min
4	11:35 - 12:25	50 min
LUNCH	12:25 - 12:55	30 min
5	1:00 - 1:50	50 min
6	1:55 - 2:45	50 min

2 Hour Late Start		
1	10:15 - 10:51	36 min
2	10:56 - 11:32	36 min
3	11:37 - 12:13	36 min
LUNCH	12:13 - 12:43	30 min
4	12:47 - 1:23	36 min
5	1:28 - 2:04	36 min
6	2:09 - 2:45	36 min



### ATTENDANCE LINE

We do not have an "attendance only" phone number at the high school. Please call our main phone line at 291-3721 if your student will be absent/tardy or leaving early on any given day.

### BREAKFAST/LUNCH

We are operating under the standard National School Lunch guidelines, which means students pay for meals unless qualifying for Free/Reduced prices. The application is included in your online registration for returning students so please complete all forms ASAP. Instructions on how to apply [here](#).

**SCOTTIE BREAK** We have brought back Scottie Break at the High School this year. A light snack will be available for students to purchase from 10:00am - 10:10am. Cost: \$2.20

**LUNCH** - served at the High School in the MPR. Cost: \$3.50



### ACTIVITY BUS

We have an Activity Bus that runs after sports M-F for the first two weeks of Middle School Sports Seasons and then M-Th the rest of the year. Bus departs at 5:25pm. Questions on more details, call the Transportation Department at 291-5555.

# AUCTION

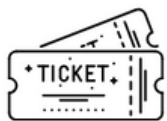
# WISH

# LIST



***benefitting Freeman High School Athletics***

Our 2nd Annual Freeman Athletics Auction & Dinner is February 3, 2024. We are currently looking for donation items. Below are some ideas. If you can help with any of these items, please email one of the committee members listed at the bottom of this page.



## **TICKETS & PASSES**

Sports & Concert Tickets, Box Seats, VIP Treatments, Theater Tickets



## **CRAFTED ITEMS**

Handmade items, woodworking, metal works, custom gifts



## **VACATIONS & EXCURSIONS**

Condos, Timeshare, VRBO, Golf weekends, wine tastings, active adventures, airline tickets, etc.



## **GIFT CARDS**

Gift cards to just about anywhere - restaurants, stores, salons, spas, movie theaters, etc.



## **HOSTED PARTIES**

Theme parties thrown by one or more families such as progressive dinners, holiday parties, children's parties, etc.



## **UNIQUE & RARE ITEMS**

Collectibles, sports memorabilia, sports equipment, collectibles

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***If you would like to donate, please complete the donation form and return to one of us by Jan. 12th:***

**CINDY SCHNEIDER**  
schneidervandals@aol.com

**JILL MORPHY**  
jill.morphy@hotmail.com

**LESLEY LOCHMILLER**  
lesleylochmiller11@gmail.com

**KRISTAL HAYEK**  
khayek@freemansd.org





**JJ Francek**



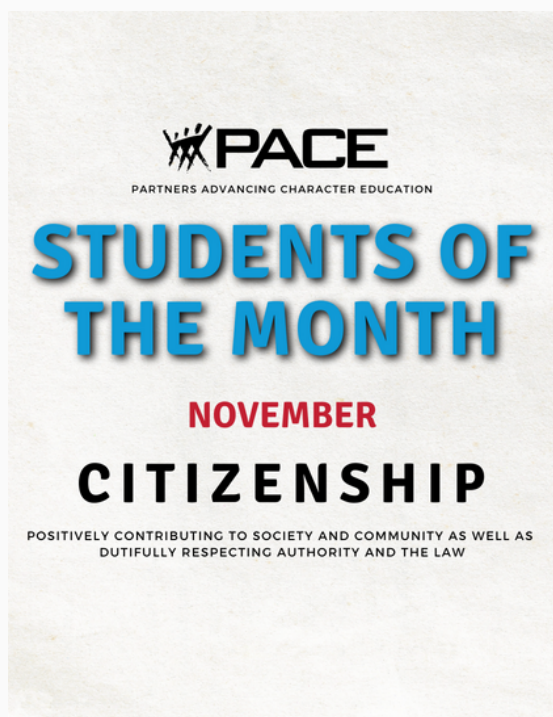
**Fiona Anderson**



**Austin Guinn**



**Mae Cashmere**



**Cody Cayce**



**Brooke Berglund**



**Nick McLaughlin**



**Mari Hirayama**



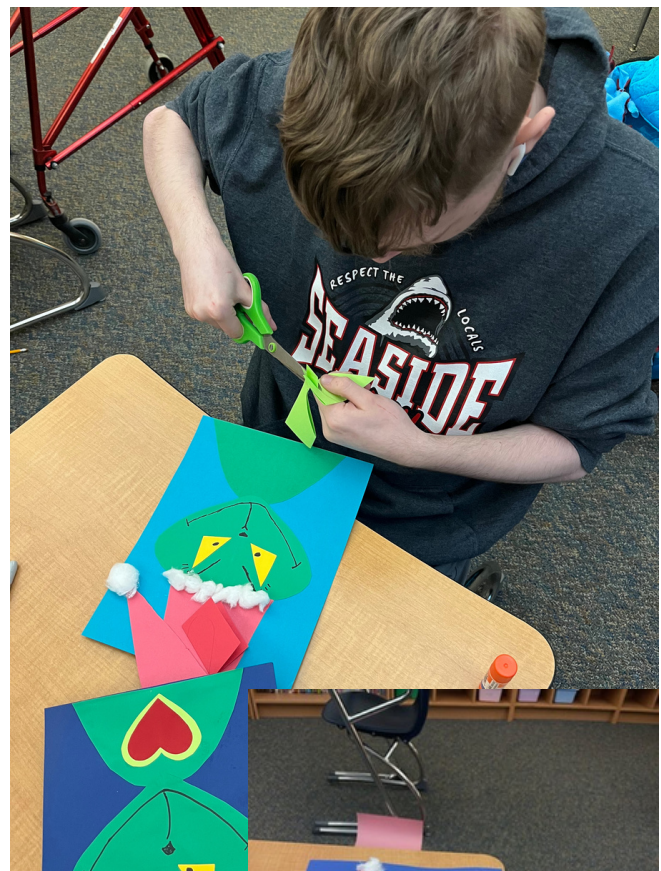
# Student HIGHLIGHTS



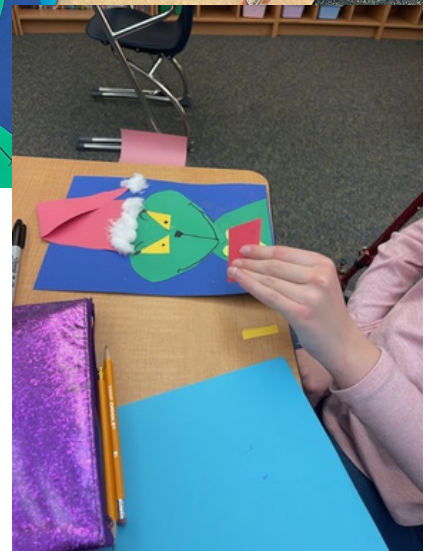
Photos by: FHS Yearbook Staff  door decorating contest 



# Student HIGHLIGHTS

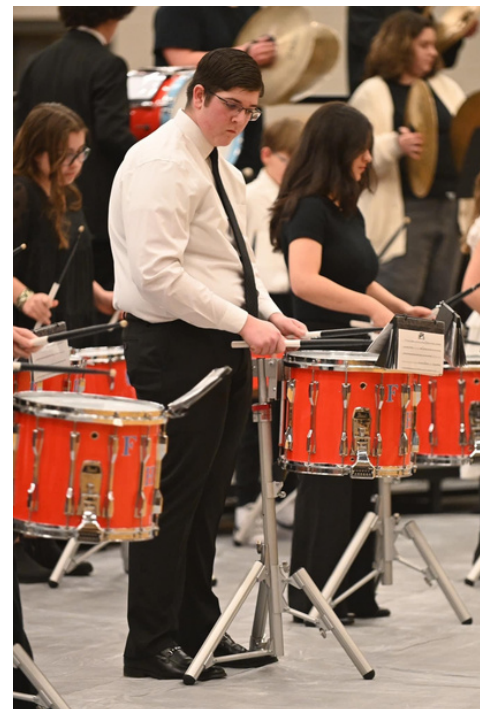


December art project with  
Kristi Parry in the Resource Room.





# Student HIGHLIGHTS

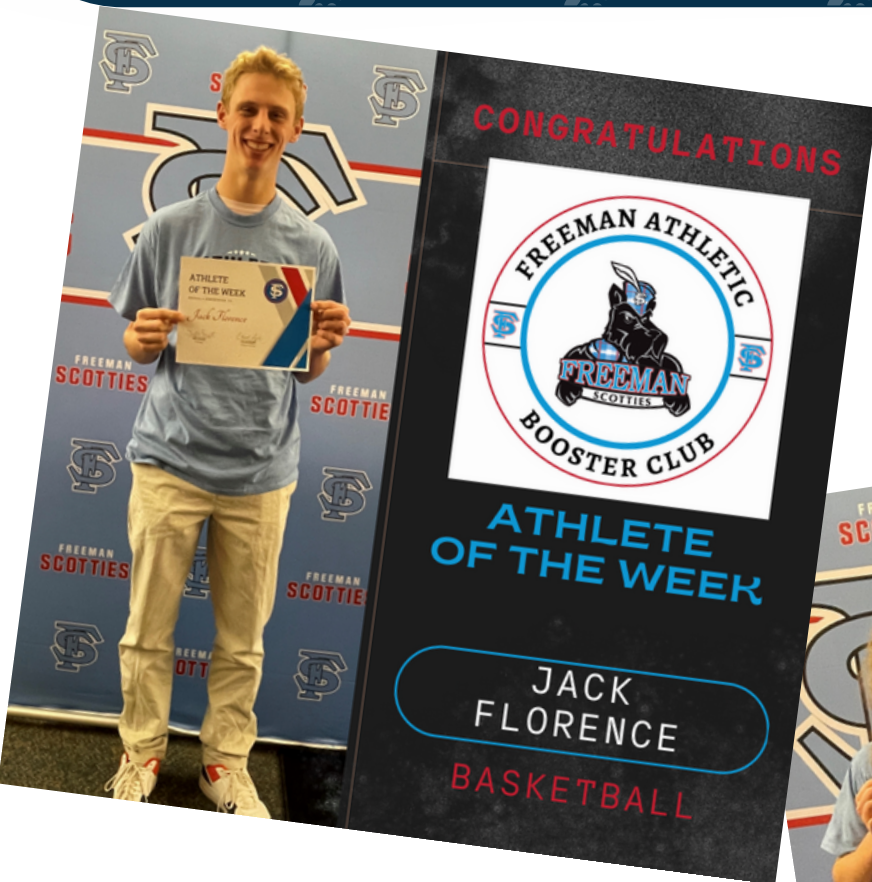


*Freeman Band & Choir Winter Concert was a huge success!  
Great job to Mr. Jydstrup and all the students who performed.*

Photos by: FHS Yearbook Staff



# Student HIGHLIGHTS





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Photos by: FHS Yearbook Staff



# Student HIGHLIGHTS



Photos by: FHS Yearbook Staff



# Student HIGHLIGHTS



*Gingerbread  
House  
Decorating  
Contest*



Photos by: FHS Yearbook Staff